

PHS 2018	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 Sept 17	<p><b>Choose one Entrée</b> Bosco Sticks or Hamburger or Cheeseburger</p> <p><b>Fruit/Vegetables:</b> Tossed Salad, Panther Salad, Oven Fries, Orange, Sliced Peaches</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Pizza – Cheese or Pepperoni, Spaghetti</p> <p><b>Fruit/Vegetables:</b> Tossed Salad, Breadstick, Banana, Orange Slushie</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Popcorn Chicken or Chicken and Waffles</p> <p><b>Fruit/Vegetables:</b> Potato Wedges, missed veggies, Apple, Pears</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Big Daddy’s Pizza – Cheese or Pepperoni or Turkey Roast</p> <p><b>Fruit/Vegetables:</b> Broccoli, Roll, Mashed Potatoes, Tossed Salad, Carrots, Orange, Fruit Slushies</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> “Dill”icious Chicken Sandwich or Spicy Chicken Sandwich</p> <p><b>Fruit/Vegetables:</b> Tots, Panther Salad, Carrot Sticks, Applesauce, Baked Beans, Fruit cup</p> <p><b>Healthy Milk Choice</b></p>
WEEK 2 Sept 3 Sept 24	<p><b>Choose one Entrée</b> Nachos Supreme or Hamburger and Cheeseburgers</p> <p><b>Fruit/Vegetables:</b> Panther Salad, Oven Fries, Refried Beans, Lettuce, Salsa, Apples, Fruit cup</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Hot Dog, Corn dogs or Round Pizza</p> <p><b>Fruit/Vegetables:</b> Tossed Salad, Baked Beans, Cole Slaw, Assorted Chips, Banana, Orange Slushie</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Meatloaf or Hot ham and Cheese Sub</p> <p><b>Fruit/Vegetables:</b> Steamed Broccoli, Mashed Potatoes, Assorted Chips, Roll, Panther Salad, Apple, Pears</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Pork Barbeque, Pepperoni and Cheese Pizza</p> <p><b>Fruit/Vegetables:</b> Tossed Salad, Carrot Sticks, Apples, Pears, Fruit Cup</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Chicken Wrap or Chicken Tenders</p> <p><b>Fruit/Vegetables:</b> Potato Wedges, Carrot Sticks and Ranch, Applesauce, Panther Salad, Chips, Fruit Cup</p> <p><b>Healthy Milk Choice</b></p>
WEEK 3 Sept 10 Oct 1	<p><b>Choose one Entrée</b> Chicken Nuggets or Fish Nuggets</p> <p><b>Fruit/Vegetables:</b> Macaroni and Cheese, Green Beans, Sliced bread Apples, Fruit cup</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Farmer Jones or Big Daddy’s Pizza – Cheese</p> <p><b>Fruit/Vegetables:</b> Tossed Salad, Mashed potatoes, Peas, Roll, Fruit Cup, Strawberry Cup</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Philly Steak Sub Sandwich Bologna and Cheese Sandwich</p> <p><b>Fruit/Vegetables:</b> Chips, Panther Salad, Mushrooms, Apple, Pears</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Asian Chicken or Pizza - Pepperoni or Cheese</p> <p><b>Fruit/Vegetables:</b> Veggie Rice, Broccoli, Tossed Salad, Carrot Sticks, Orange, Fruit Slushies</p> <p><b>Healthy Milk Choice</b></p>	<p><b>Choose one Entrée</b> Chili Crisпитos or Hamburger and Cheeseburgers</p> <p><b>Fruit/Vegetables:</b> Tostitos, Corn, oven Fries, Lettuce, Tomato, Fruit Cup</p> <p><b>Healthy Milk Choice</b></p>

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.

Filename: PHS 3 week cycle menu 18-19.docx  
Directory: /Users/bblackburn/Downloads  
Template: /Users/bblackburn/Library/Group Containers/UBF8T346G9.Office/User  
Content.localized/Templates.localized/Normal.dotm  
Title:  
Subject:  
Author: Orem, Kristy  
Keywords:  
Comments:  
Creation Date: 8/8/18 2:35:00 PM  
Change Number: 5  
Last Saved On: 9/4/18 9:27:00 AM  
Last Saved By: Orem, Kristy  
Total Editing Time: 3 Minutes  
Last Printed On: 9/4/18 9:34:00 AM  
As of Last Complete Printing  
Number of Pages: 1  
Number of Words: 634 (approx.)  
Number of Characters: 3,618 (approx.)